ProOrtho
ORTHOPEDICS & SPORTS MEDICINE
Personalized care. Optimal results.

Patient Health History Form

Phone: (425) 823 - 4000 Fax: (425) 821 - 3550

Patient Label:

Male: ○ Female: ○ (Pregnant: No ○ Yes ○ Unsure ○)

Height: _____ Weight: _____

Office Use: BP:_____ HR:_____

Referring Physician: _____

Primary Care Physician: _____

What are you being seen for today? _____

ALLERGIES

○ I have no allergies to medication.

Medication	Reaction	Medication	Reaction
1) _____	_____	4) _____	_____
2) _____	_____	5) _____	_____
3) _____	_____	6) _____	_____

Latex allergy? ○ No ○ Yes

Food allergy? ○ No ○ Yes, type_____

Please list below any pain medications you do not tolerate.

_____

MEDICATIONS

Please list ALL medications and doses that you are CURRENTLY taking (this includes birth control pills, hormones, IUDs, vitamins and herbal supplements):

Medication	Dose/ Strength	# Pills per Day	Reason
1) _____	_____	_____	_____
2) _____	_____	_____	_____
3) _____	_____	_____	_____
4) _____	_____	_____	_____
5) _____	_____	_____	_____
6) _____	_____	_____	_____
7) _____	_____	_____	_____
8) _____	_____	_____	_____
9) _____	_____	_____	_____
10) _____	_____	_____	_____

Have you ever had history of anemia or blood disorder? ○ No ○ Yes, explain_____

Have you or any relatives had problems with anesthesia? ○ No ○ Yes, explain _____

Have you ever had an EKG? ○ No ○ Yes, when/ where? _____

Do you get shortness of breath when climbing more than 2 flights of stairs? ○ No ○ Yes

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Patient Label:

PAST SURGICAL HISTORY

Please list the surgical procedures you have undergone:

Date of Surgery	Type of Surgery	Describe the Recovery
1)		
2)		
3)		
4)		
5)		
6)		
7)		

PAST MEDICAL HISTORY

	Explain		Explain
○ Anemia		○ Kidney/ bladder infections	
○ Arthritis (“wear and tear”)		○ Kidney stones	
○ Asthma		○ Kidney problems, other	
○ Bleeding problems		○ Liver problems	
○ Blood clots		○ Lupus	
○ Cancer		○ MRSA	
○ COPD/ Emphysema		○ Osteoporosis or osteopenia	
○ Depression		○ Prostate problems	
○ Diabetes		○ Psychiatric problems	
○ Drug or alcohol problems		○ Rheumatoid arthritis	
○ GERD / reflux		○ Scoliosis	
○ Gout		○ Seizures	
○ Hearing problems		○ Stroke	
○ Heart attack		○ Thyroid problems	
○ Heart disease		○ Tuberculosis	
○ Hepatitis		○ Ulcerative colitis/ Crohn’s	
○ High blood pressure		○ Ulcers	
○ HIV positive/ AIDS		○ Other:	

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Patient Label:

FAMILY HISTORY: *Please check any conditions associated with your immediate family members*

	Mother	Father	Son	Daughter	Brother	Sister	Other
Anesthesia Problems							
Arthritis							
Back Pain							
Cancer: _____							
Clotting Disorder							
COPD/Emphysema							
Diabetes							
Drug Addiction							
Alcohol Addiction							

	Mother	Father	Son	Daughter	Brother	Sister	Other
Heart Disease							
High Blood Pressure/Hypertension							
Malignant Hyperthermia							
Osteoporosis / Osteopenia							
Rheumatoid Arthritis							
Sleep Apnea							
Stroke							
Other: _____							
Other: _____							

SOCIAL HISTORY

Do you use tobacco products?

- ○ Yes, I smoke_____packs per day
- ○ Yes, I currently chew tobacco/ snuff
- ○ No, I quit smoking/ chewing _____years_____months ago
- ○ No, I have never used tobacco products

Current situation?

- ○ Married
- ○ Divorced
- ○ Single
- ○ Widowed
- ○ Separated
- ○ Living with significant other

Do you consume alcoholic beverages (e.g., beer, wine, liquor)?

○ No ○ Yes, type: _____amount/ week: _____

Do you use illicit drugs? ○ No ○ Yes, type: _____

Do you have children?

○ No ○ Yes, how many? _____

Do you live: ○ alone ○ with spouse, family, and/ or friend(s) ○ assisted living

Have you had a recent change in a significant relationship in the last year or other stress? ○ No ○ Yes

If yes, please explain: _____

WORK HISTORY

What is your occupation or previous one if currently not working?_____

Briefly describe your job:_____

Name of employer:_____ **Last date worked:**_____

Please mark ONE statement that best describes your current employment situation:

- ○ currently working
- ○ on paid leave
- ○ on unpaid leave
- ○ unemployed
- ○ student
- ○ homemaker
- ○ disabled/ retired from an orthopedic and/or spine problem
- ○ disabled/ retired from a health problem (NOT from an orthopedic or spine problem)
- ○ retired (not due to health)
- ○ other, please specify_____

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Patient Label:

REVIEW OF SYSTEMS

Please mark the circle next to ANY symptoms you have experienced in the past 6 months:

Constitution	**Eyes**	**Gastrointestinal**	**Other**
○ Fever	○ Blurred Vision	○ Heartburn	○ Easy Bruise/Bleed
○ Chills	○ Double Vision	○ Nausea	○ Environmental Allergies
○ Weight Loss	○ Sensitivity to Light	○ Vomiting	○ Other _____
○ Malaise/Fatigue	○ Eye Pain	○ Abdominal Pain	
○ Sweating	○ Eye Discharge	○ Diarrhea	**Neurological**
○ Weakness	○ Eye Redness	○ Constipation	○ Dizziness
○ Other _____	○ Other _____	○ Blood in Stool	○ Headaches
		○ Melena	○ Tingling
Skin	**Cardiovascular**	○ Other _____	○ Tremor
○ Rash	○ Chest Pain		○ Sensory Change
○ Itching	○ Palpitations	**Genitourinary**	○ Speech Change
○ Other _____	○ Shortness of Breath	○ Painful Urination	○ Focal Weakness
	○ Leg Cramps	○ Urgency of Urination	○ Seizures
HENT	○ Leg Swelling	○ Frequency of Urination	○ Loss of Consciousness
○ Hearing Loss	○ Sleep Apnea	○ Blood in Urine	○ Other _____
○ Ringing in Ears	○ Other _____	○ Flank Pain	
○ Ear Pain		○ Other _____	**Mental Health**
○ Ear Discharge	**Respiratory**		○ Depression
○ Nosebleeds	○ Coughs	**Musculoskeletal**	○ Suicidal Ideas
○ Congestion	○ Coughing up Blood	○ Muscle Pain	○ Substance Abuse
○ Sinus Pain	○ Sputum Production	○ Neck Pain	○ Hallucinations
○ Stridor	○ Shortness of Breath	○ Back Pain	○ Nervous/Anxious
○ Sore Throat	○ Wheezing	○ Joint Pain	○ Insomnia
○ Excessive Thirst	○ Other _____	○ Falls	○ Memory Loss
○ Other _____		○ Other _____	○ Other _____

○ I have not had ANY of the above symptoms in the last 6 months.

SIGNATURE

Patient's signature: _____ Date: _____

Please print name: _____

Physician's signature: _____ Date: _____

Please print name: _____